

**2023 AVL RUNWAY 5K/ASCENT ON MOUNTAIN AIR 5K
COMBINED TIMES**

BIB #	NAME	COMBINED	Sex	Age	Ran in Avl 5K	AVL TIME (mm:ss.0)	MTN AIR TIME (mm:ss.0)
12	Jon Conner	0:50:26.7	Male	36	Yes	20:02.0	0:30:24.7
74	John Willis	0:52:06.6	Male	54	Yes	21:09.0	0:30:57.6
6	Travis Ashley	0:53:17.6	Male	24	Yes	20:16.0	0:33:01.6
3	Matthew Allen	0:53:20.6	Male	22	Yes	21:17.0	0:32:03.6
34	Aaron Mackey	0:53:35.2	Male	31	Yes	21:19.0	0:32:16.2
56	Sebastian Pauli	1:06:58.6	Male	22	Yes	26:14.0	0:40:44.6
71	Jeremiah Tarbutton	1:12:32.7	Male	36	Yes	25:49.0	0:46:43.7
19	Xander Gamache	1:15:40.4	Male	13	Yes	31:39.0	0:44:01.4
4	Stacy Antos	1:19:06.1	Female	41	Yes	29:43.0	0:49:23.1
63	Karla Rivas	1:21:47.5	Female	47	Yes	29:04.0	0:52:43.5
47	Jackson Neal	1:31:57.8	Male	13	Yes	36:25.0	0:55:32.8
46	Claire Neal	1:36:48.7	Female	49	Yes	36:45.0	1:00:03.7
17	Lisa Gamache	1:39:15.4	Female	39	Yes	35:54.0	1:03:21.4
18	Nathan Gamache	1:46:33.1	Male	45	Yes	43:12.0	1:03:21.1
7	Robert Baxter	2:04:43.5	Male	49	Yes	50:08.0	1:14:35.5

Winner

Jon Conner