

LAND AND LAKES RELAY

ASHEVILLE TO LAKE JAMES

61 Miles - 4 & 6 Person Teams - March 02, 2024
 PRESENTED BY GLORY HOUND EVENTS

LEG 7 - 8.65 MILES - 547' ASCENT, 935' DESCENT - HARD

START - LACKEY TOWN MISSIONARY BAPTIST CHURCH, 60 THOMAS ROAD, OLD FORT

Leg Cue Sheet

Right	Out of church on Lackey Town Road	0.00	0.00
Left	Wildlife Lake Road	0.21	0.21
Right	Golf Course Rd	1.17	1.38
Left	Old Fort Sugar Hill Rd	0.34	1.72
Straight at	Silvers Welch Rd/Parker Padgett Rd	1.02	2.74
Straight at	Zion Hill Rd	2.37	5.11
	Transfer Point 7 - Sugar Hill VFD (on right)	3.54	8.65

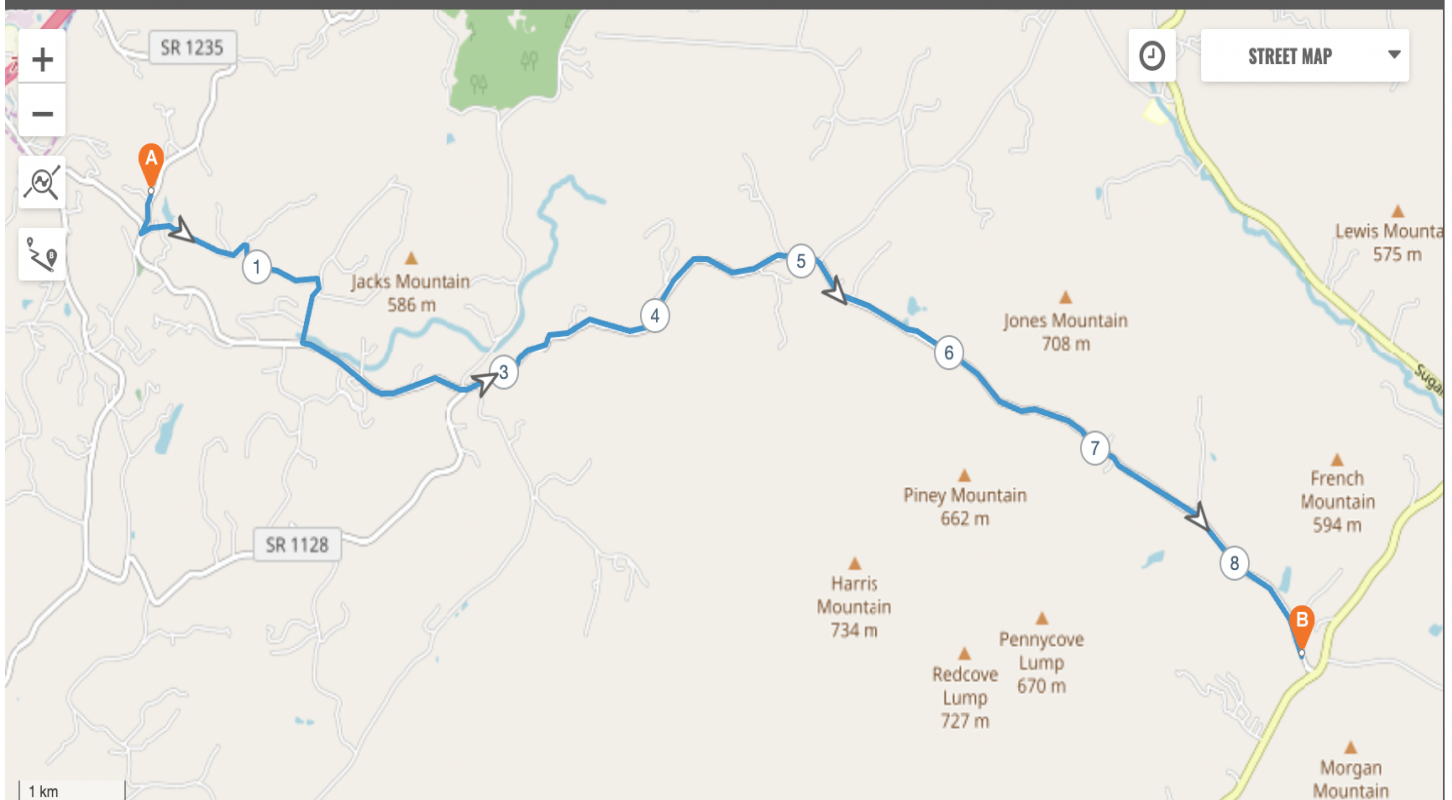
RD Comments

The difficulty of this legs comes from both its distance and the amount of climbing and descending on it. Put your strongest runner here.

Notes

- Stay on left side of road until you

2024 LAND AND LAKES RELAY LEG 7



ELEVATION PROFILE

