

LAND-AND-LAKES

ASHEVILLE TO LAKE JAMES

61 MILES - MARCH 1, 2025

LEG 8 - 4.7 MILES - 413' ASCENT, 167' DESCENT - HARD

START - SUGAR HILL BAPTIST CHURCH, 657 MUD CUT ROAD

Leg Cue Sheet

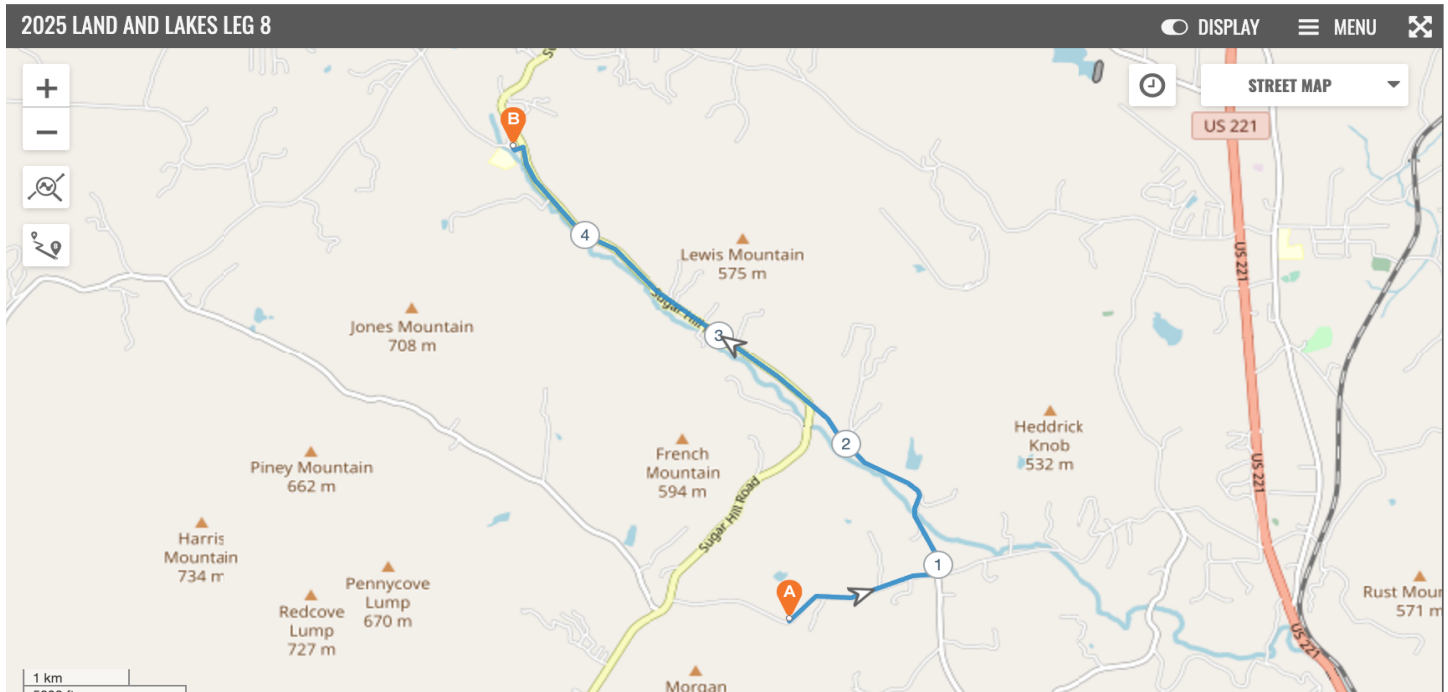
Left	Out of church on Mud Cut Road	0.00	0.00
Left	Dink Cannon Rd	0.93	0.93
Straight	Sugar Hill Road	1.37	2.30
Left	Marler Road	2.30	4.60
	Transfer Point 8 - West Marion Elem School (on left)	0.10	4.70

RD Comments

Updated route this year
Climbing virtually the entire leg makes this one difficult. Bring some fluids with you.

Notes

- Run on left side of road
- Traffic will start picking up as you near Marion - Be alert!
- Transfer Point will be at the first entrance to the school



ELEVATION PROFILE

