

# LAND-AND-LAKES

## ASHEVILLE TO LAKE JAMES

### 61 MILES - FEBRUARY 28, 2026

**LEG 4 - 4.5 MILES - 272' ASCENT, 1,105' DESCENT - MODERATE**  
**START - EXCEL COLLEGE, 12 FLORIDA AVE, BLACK MOUNTAIN**

#### Leg Cue Sheet

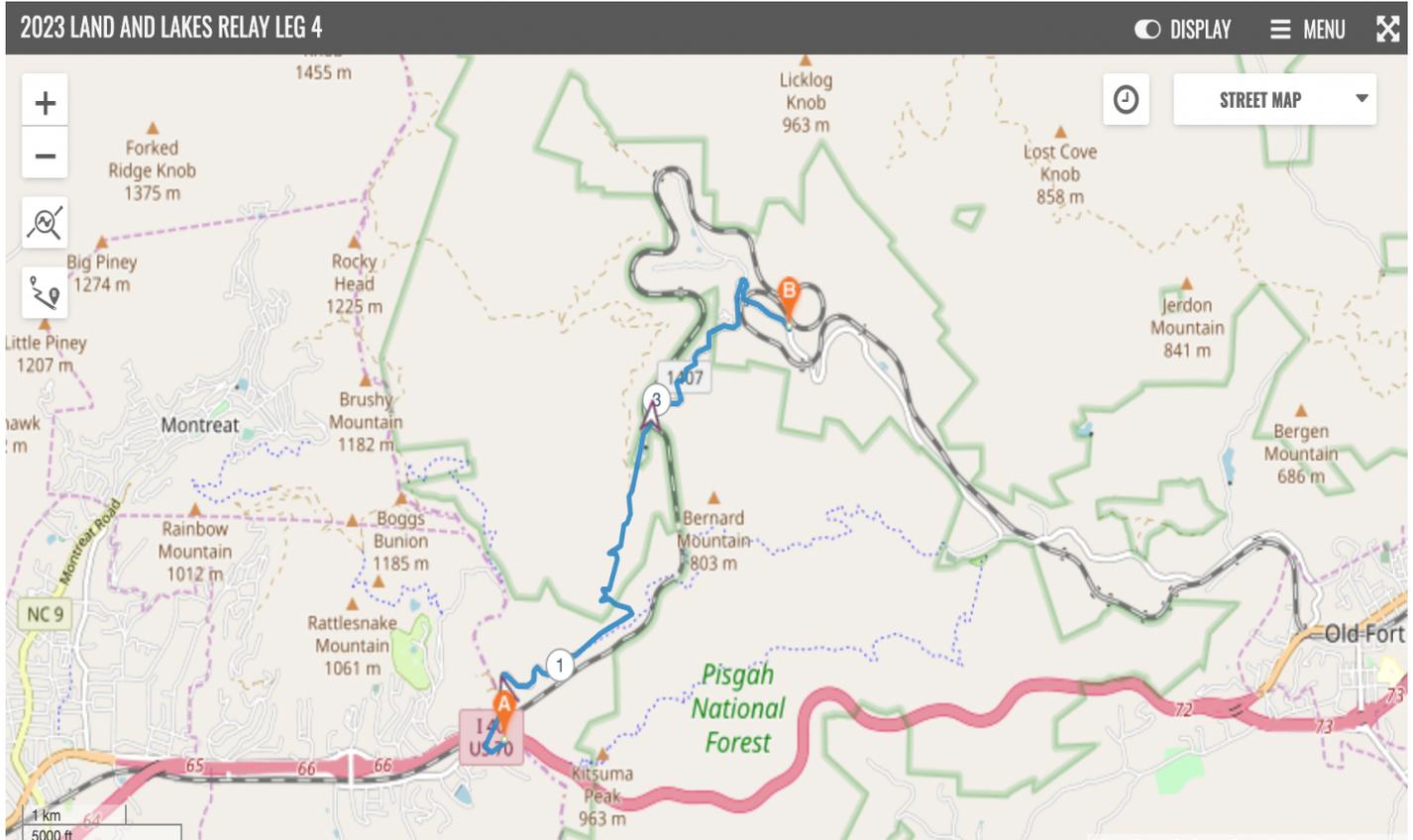
Straight on	Dixson Road	0.00	0.00
Right	Kitazuma Road	0.09	0.09
Right	Yates Ave	0.05	0.14
Left at Fork	Mill Creek Road	1.01	1.15
Straight	Graphite Rd	2.93	4.08
	Transfer Point 4	0.43	4.51
	Andrews Geyser (on right)		

#### Notes

- Paved road for first mile than gravel for next two.
- We highly recommend trail shoes for this leg.
- Lots of switchbacks on the gravel section. Pick the safest line possible; minimal traffic
- Transfer Point on right side of road
- Separate vehicle route for this leg; **Absolutely No team vehicles on Mill Creek Road!**

#### RD Comments

Moderate only because of amount of descent over 3 miles. Quads will be screaming near the end.



#### ELEVATION PROFILE

